

BIRTHRIGHTS

TRUSTEES' REPORT AND ACCOUNTS

FOR THE YEAR ENDED 5TH APRIL 2017

Charity No: 1151152

**BIRTHRIGHTS
REPORT AND ACCOUNTS**

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BIRTHRIGHTS
TRUSTEES' REPORT
FOR THE YEAR ENDED 5TH APRIL 2017

Birthrights exists because all women matter during childbirth. We champion women's rights to dignity, autonomy, humane treatment and non-discrimination. We want to ensure that women's needs are met by their maternity care and that the most vulnerable amongst them are equally enabled to access safe, high-quality, respectful maternity services.

This year, thanks to funding from the Baring Foundation, we have expanded our capacity, developed our organisational strategy and committed to ensuring that our work on human rights in childbirth reaches women facing severe and multiple disadvantage, disabled women and those with mental capacity issues.

We welcomed our second member of staff, a 'Projects Coordinator', at the beginning of the year and are planning to add two further members of staff in the following financial year. This additional capacity has allowed us to scale up our training work with healthcare professionals and investigate opportunities to train peer organisations and their service users.

We have developed exciting new online resources, co-produced with healthcare professionals, and have fed in to national policy work creating changes to nationwide advice that directly protects women's human rights in maternity care.

More capacity has led to greater visibility amongst women, policy makers and healthcare professionals. Our advice service continues to receive a growing number of enquiries and our involvement in a number of research projects and guideline developments has grown. We hope to bring our growing work and knowledge-base on the issues faced by the most vulnerable women to these important discussions ensuring their voices are heard at the policy makers' table and that the lived experiences of those who we are supporting inform the changes that need to be made.

It has been an exciting but challenging year, with appetite and interest in our work; the scale of the issues faced; and opportunities presented by the intense focus on maternity care, greatly outstripping capacity. Nevertheless, thanks to the support of our volunteers, our funders, individual supporters, our relentlessly positive board of trustees and our tiny staff team we continue to grow our work and make a greater impact every day.

Some of the highlights of 2016-2017 include:

- Responding to more advice line enquiries than ever with a 59% increase in enquiries from last year.
- Reaching around 1,500 healthcare professionals, birth workers and others through our training programme: between April 16 and April 17 we delivered seven days of paid-for training and one day of discounted-rate training and spoke at nine events for free, in addition to the three free Dignity in Childbirth workshops facilitated by the Baring grant.
- Producing new resources such as our series of short training films aimed at healthcare professionals, and the new i-learn module for the Royal College of Midwives.
- Playing an instrumental role in the writing of the A-EQUIP guidance – meaning that midwives are clearer than ever about their duty to recognise a woman's autonomy and support her choices.
- Bringing our influence to bear on national policy via our membership of NHS England's Maternity Transformation Stakeholder Council.
- Working strategically with other organisations to further shared aims, placing relationship-building and collaborative working at the centre of our organizational plan including:
 - working closely with BPAS and CPCS on the Policing Pregnancy Conference;
 - working with the British Institute of Human Rights and the Royal College of Midwives on the development of the human rights guide for midwives;
 - Collaborating with Bournemouth University on research into maternity experiences of women with disabilities.
- Harnessing our legal expertise through our intervention in the Supreme Court case, *A and B v Secretary of State for Health*, which led to Northern Irish women being given access to free abortion services in England.
- Being a consistent voice of reason on maternity issues in the press, bringing clarity and expertise to debates that are often misinformed.

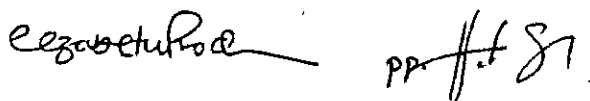
BIRTHRIGHTS
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 5TH APRIL 2017

The Future

We are proud of what we have achieved during our first four years. In 2016-2017 we grew our staff team to two part-time team-members and, thanks to the capacity-building funding from the Barling Foundation, have significantly researched, refined and progressed our strategic plan.

With a clear focus on protecting all women, but working hard to ensure the needs of the most vulnerable are met and understood, we look forward to welcoming two more members to our team next year and continuing to work together to use the power of human rights to improve the lives and futures of women in the UK.

We thank our Board, staff, volunteers, donors and champions for their continued support this year and look forward to working with them as we take these next exciting steps.



Elizabeth Prochaska (Chair) and Rebecca Schiller (Chief Executive)

9th February 2018

BIRTHRIGHTS

TRUSTEES' REPORT (Cont/d)

FOR THE YEAR ENDED 5TH APRIL 2017

The trustees present their annual report and financial statements of the charity for the year ended 5th April 2017. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014 (as amended by Bulletin 1).

OUR PURPOSE AND ACTIVITIES

Birthrights launched in January 2013. We are the UK's only organisation dedicated to improving women's experience of pregnancy and childbirth by promoting respect for human rights. We believe that all women are entitled to respectful maternity care that protects their fundamental rights.

What we do:

- We provide free, accurate and accessible information and advice on human rights and the law relating to childbearing women.
- We offer advice, assistance and training to women's caregivers, professional or otherwise.
- We research and campaign on dignity and respectful care during pregnancy and childbirth.

Birthrights promotes women's right to receive evidence-based care that conforms to the best medical and midwifery standards. We do not promote any particular clinical perspectives in maternity care.

Our board of experienced lawyers and maternity professionals oversees our work. Since December 2016 we have employed a part-time Chief Executive and since April 2016 we have employed a part-time Projects Coordinator. Apart from the work of those two individuals we rely on the dedication of volunteers to provide our services.

The aim of Birthrights is to promote the human rights of child-bearing women in England and Wales. These rights are set out in the Universal Declaration of Human Rights, the Convention on the Elimination of Discrimination against Women and subsequent United Nations conventions and declarations, and the European Convention for the Protection of Human Rights and Fundamental Freedoms.

Birthrights is committed to:

- promoting awareness of the legal rights of child-bearing women during and connected to pregnancy, childbirth, the post-natal period (the 6 weeks subsequent to birth) and lactation;
- promoting respect for the legal rights of child-bearing women among healthcare organisations, medical and other professionals and in society at large;
- protecting the human rights of child-bearing women through the provision of legal information and advice and obtaining redress for victims of human rights abuse;
- campaigning in relation to human rights and related legal issues relating to child-bearing women;
- responding with technical advice to proposed legislation and policy affecting child-bearing women;
- providing technical advice to government and others on human rights and other legal and regulatory matters as they affect child-bearing women;
- contributing to the understanding and sound administration of human rights law as it affects child-bearing women, in particular, but not exclusively, through third-party interventions in legal cases;
- promoting the human rights and lawful treatment of child-bearing women by commissioning and conducting research;
- providing education and training to, among others, parents and parents-to-be, healthcare professionals and the public on human rights and the law as it affects child-bearing women;
- eliminating infringements of human rights of child-bearing women;
- undertaking other charitable activities that the trustees may from time to time determine to promote the human rights and legal status of childbearing women.

When planning our activities for the year, the Trustees have considered the Charity Commission's guidance on public benefit and, in particular, the specific guidance on charities for the promotion of human rights.

BIRTHRIGHTS

TRUSTEES' REPORT (Cont/d)

FOR THE YEAR ENDED 5TH APRIL 2017

Volunteers & Supporters

We would like to thank all the volunteers, individuals and organisations who have supported Birthrights over the course of this year.

Achievements and Performance

Planning for the future

Four years after its inception, Birthrights has focused much of its time and energy this year on setting a firm foundation for a sustainable future with the help of a capacity-building grant from the Baring Foundation. As of April 2017 Birthrights has the equivalent of four days of paid staff time per week, with some ad hoc support from consultants. Staff capacity is still a significant challenge that we aim to meet with further core cost covering grants, an increase in individual giving and a diverse, long-term fundraising strategy that sits alongside our existing revenue streams from training work.

Sustainability will remain an important focus for the next three years.

Advice and Guidance

Birthrights' great strength lies in its expert understanding of human rights principles in maternity care and its commitment to providing clear, accurate and accessible information about human rights to everyone who needs it. Our factsheets continue to be a popular resource for women and healthcare professionals and our email advice service has provided much-needed assistance to women and their families dealing with a broad range of issues from informed consent, right to decline treatment, involvement of social services, choice, respectful treatment, and rights of overseas visitors amongst others.

This year we have seen a significant increase in demand for our advice service. We responded to 130 enquiries in total between April 16 and April 17 (a 59% increase on the previous year). Birthrights chair and human rights barrister, Elizabeth Prochaska, our project coordinator Maria Booker, and other advisors where appropriate, provide ad hoc advice and support to women and maternity professionals who contact Birthrights. These women and healthcare professionals are generally provided with information about the legal principles in maternity care, drawing on the factsheets, and practical advice about how to approach their doctors and midwives to find a solution to their problem. When appropriate, women are referred to solicitors who can assist them with potential legal action.

In part this increase in enquiries was due to an influx of enquiries from women and midwives affected by a decision by the Nursing and Midwifery Council's preventing independent midwives from being able to practice (this decision has been unsuccessfully judicially reviewed.) Birthrights not only advised many individual women but our Trustee Simon Mehigan also shared his expertise about how Trusts could employ independent midwives in a temporary capacity to allow them to continue to care for the women that had booked with them.

Birthrights is developing plans to work with referral partners to provide in-depth advice to women most likely to face rights issues in a maternity context; such as women who face multiple layers of disadvantage, those in the prison system, women with mental health issues and disabled women. We want to ensure we are reaching those who need us most; learn from those who work with vulnerable women to ensure we are able to offer advice that meets their needs; and collaborate on broader projects to tackle the issues faced by these women at a policy, systems and training level.

Education & Training

We recognize that midwives, doctors and maternity workers are vital to the success of our work. This year our trustees, staff and volunteers have spoken to students and qualified professionals across the country reaching around 1,500 people at 19 events, helping to raise awareness of the power of a rights-based approach to maternity care and giving healthcare professionals practical and realistic tools to improve care on the frontline. Our training programmes are in increasing demand and we are committed to developing them to ensure all women in the UK can benefit from safe, respectful maternity care.

This year has seen significant development in our training offering. Our grant from the Baring Foundation allowed us to offer three Dignity in Childbirth workshops completely free of charge to participants in Coventry, Nottingham and London. These saw around 300 signing up within hours and received extremely good feedback. We are now looking to offer a further series of workshops in different locations next year, again thanks to the Baring Foundation.

BIRTHRIGHTS

TRUSTEES' REPORT (Cont/d)

FOR THE YEAR ENDED 5TH APRIL 2017

In October we created a new one-day course "Creating a Safe Maternity Culture" in response to the announcement of the Maternity Safety Training Fund which allocated between £40 and £80k per Trust to spend on related training. Eight of these full-day courses were booked as a result, running until the end of 2017. In addition to this and our standard paid training courses with Trusts, we have spoken on midwifery training courses and at several conferences and events. Our Chair, Elizabeth Prochaska, went to Ireland in November 2016 to carry out three well-received training courses at the invitation of Midwives for Choice.

As a result of all this activity we held our first "advanced training away day" in January 2017 which brought together existing trustees and staff who train for Birthrights as well as supporters and volunteers who might be interested in doing so. As a result we have revised and expanded our training resources as well as the pool of people who can train on our behalf.

In March, Elizabeth Prochaska also organised, together with 39 Essex Chambers and Queen Mary's University, a seminar looking at cases of court-ordered caesareans. Birthrights is looking to do some more work on this under-researched subject in future, resources permitting.

Over the next year we will be particularly focusing on ensuring we reach out to doctors as well as midwives and other maternity workers. At the same time, we will be deepening our relationships with partner organisations in order to extend our training to those who work with vulnerable groups of women.

Resources

We recognise the value of strategic collaboration and in September 2016, Birthrights launched *Midwifery and Human Rights: A Practitioner's Guide*, produced in collaboration with the British Institute of Human Rights and the Royal College of Midwives (RCM) and funded by the Equality and Human Rights Commission. The Guide is a pocket-sized summary of human rights principles and their practical application in maternity care. We are integrating the Guide into our training for maternity professionals.

We also worked closely with the RCM to produce a new online "E-learn" module on human rights in childbirth, which went live at the end of March 2017. The E-learn module was signposted as a good resource for those interested in becoming "Professional Midwifery Advocates" (PMAs) under the new non-statutory supervision module – A-EQUIP (see below).

Furthermore, and thanks to the support of the Baring Foundation, we were able to make a series of short training films, aimed at healthcare professionals, over the summer of 2016 giving a short introduction to four common human rights issues in maternity care: "What is Consent?", "Bullied into Treatment?", "Choice of Place of Birth" and "Elective Caesarean". We are very grateful to our trustees, volunteers and supporters who formed our cast and to St Thomas' for allowing us to film in their maternity unit. All the women in the videos are women who contacted Birthrights for advice and support. The videos are now available on our website.

Research

Thanks to funding from the Matrix Causes Fund, Birthrights commissioned academics at Bournemouth University to undertake a quantitative and qualitative project looking at disabled women's experiences in maternity care. The project originated from our 2013 Dignity in Childbirth Survey which indicated that disabled women might be facing significant and specific challenges relating to right-respecting care.

The team at Bournemouth designed a two-part study based on an online survey and follow up interviews. The resulting report will be used to inform Birthrights training and will potentially lead to specific resources for healthcare professionals caring for pregnant and birthing women with disabilities. Media and campaigning work is also planned and Birthrights has been making links with potential partner organisations working with disabled women in advance of this.

We have also been working closely with Birth Companions, a charity which focuses on supporting women in the prison system and those facing severe and multiple disadvantage throughout the perinatal period. We have identified a need for strategic research underpinned by advice to their stakeholder groups, joint policy work and NHS engagement opportunities. In partnership with Birth Companions we plan to take this work forward making it a central part of our work in the next financial year.

BIRTHRIGHTS

TRUSTEES' REPORT (Cont/d)

FOR THE YEAR ENDED 5TH APRIL 2017

Policy

This year has seen the end of statutory supervision and its replacement by A-EQUIP – a non-statutory model of supervision. Birthrights played an instrumental role in drafting the new guidance on A-EQUIP and are pleased that the guidance is now clearer than ever before that all midwives have a duty to recognize a woman's autonomy and support her choices, and that the new Professional Midwifery Advocates have an important role in helping midwives to develop confidence in this area.

Our work to clarify professionals' understanding of *Montgomery v Lanarkshire* (a recent legal case transforming the understanding of consent in healthcare) has been ongoing and, with a seat on the NHS England Maternity Transformation Stakeholder Council, we have been bringing the practical application of this case law, alongside key human rights values, to the redevelopment of English maternity policy.

We are looking forward to be able to expand and build on our current policy work, as we grow our staff team next year.

Litigation and interventions

We use our legal expertise to strengthen and uphold the protections offered to women in pregnancy and childbirth. We continue to make legal interventions in cases affecting women's reproductive rights and work hard to ensure the importance of landmark legal cases is understood by the women and healthcare professionals they affect. Alongside a coalition of charities we were granted permission to intervene in the Supreme Court case of R (on the application of A and B) (Appellants) v Secretary of State for Health (Respondent). The case was heard in December 2016 and the judgment given in June 2017. Though the judgment did not overturn the Secretary of State's decision not to fund the abortions of women travelling to England from Northern Ireland the case played a crucial role in this policy being abandoned and ensuring that Northern Irish women will have access to free abortion services in England. Further strategic litigation is planned in this area with the same coalition.

Press

Birthrights continued to give proactive and reactive comment in the press throughout the year, focusing on women's reproductive rights and maternity care in the UK.

Press releases have included our response to the Royal College of Obstetricians and Gynaecologists guideline on vaginal birth after caesarean section, highlighting choice issues for all women in this area, and a release focusing on health inequalities and stillbirth. We have also given extensive commentary on high-profile stories such as the Better Births report of the National Maternity Review and the publication of statistics on maternal mortality, stillbirth and abortion.

Print media and online coverage has included the Guardian, Mumsnet, the Practising Midwife, Midwives Magazine, Daily Telegraph, The Irish Times, Motherland, BBC News. Radio and television coverage has included The Today Programme, Sky News, LBC, The Victoria Derbyshire Show (BBC). Birthrights continues to be mentioned regularly in midwifery journals and maternity/healthcare professional media channels.

Our website includes a blog which is frequently updated on topical issues.

Rebecca Schiller, CEO of Birthrights, has written articles for the Guardian and The Pool, focusing on reproductive rights, maternal mental health, maternal mortality rates, stillbirth and the publication of the report of the National Maternity Review. She has blogged for a number of partner organisations including as part of the 'Trust Women' campaign to decriminalise abortion. Her new book, 'Why Human Rights in Childbirth Matter', was published by Pinter and Martin in September 2016. To coincide with this Birthrights launched a #newchapter awareness raising campaign encouraging supporters to hold a bookclub to discuss Rebecca's book and to collect donations for Birthrights at the same time.

Elizabeth Prochaska, Chair of Birthrights, continues to publish articles on legal issues arising in maternity care, including court-ordered caesarean section and informed consent.

BIRTHRIGHTS

TRUSTEES' REPORT (Cont/d)

FOR THE YEAR ENDED 5TH APRIL 2017

Relationships with other organisations

Birthrights recognises the strategic value of working with other organisations to further shared aims. We have placed relationship building and collaborative working at the center of our organisational plan.

Specific collaborations have included:

- working closely with BPAS and CPCS on the Policing Pregnancy Conference;
- working with the British Institute of Human Rights and the Royal College of Midwives on the development of the human rights guide for midwives;
- Collaborating with Bournemouth University on research into maternity experiences of women with disabilities.

Public benefit statement

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PD2)'. The achievements and activities above demonstrate the public benefit arising through the Charity's activities.

FINANCIAL REVIEW

The Statement of Financial Activities showed a net deficit of £15,227 (2016 – £27,071) for the year, and reserves stand at £21,643 (2016 - £36,870).

Principal Funding Sources

Principal funding sources are currently from:

- Individual donations
- Grants
- Payment for training delivered

Investment powers and policy

Under the Memorandum and Articles of Association, the charity has the power to make any investment which the trustees see fit. The trustees have considered the most appropriate policy for investing funds and have found that cash deposits meet their requirements to generate income.

Reserves policy

It is the trustees' policy to maintain sufficient funds to ensure the ongoing work of the charity and the causes that fit within its objectives. The trustees ensure that the reserves held are in excess of three months' standard expenditure.

The Directors consider that the Charity's reserves will enhance the services provided and provide financial security for the future. The reserves held in unrestricted funds, which have not been designated or invested in fixed assets, at the 5th April 2017 were £21,643 (2016 – £7,160).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Birthrights is a charitable incorporated organisation and was registered with the Charity Commission on 8th March 2013 under charity number 1151152.

Recruitment and appointment of Trustees

The Trustees of the organisation are also the charity trustees for the purposes of charity law. The Trust Deed stipulates that the power to appoint new Trustees rests with the existing Trustees.

BIRTHRIGHTS
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 5TH APRIL 2017

Two trustees resigned between 6 April 2016 and the date this report was approved and we thank them for all their support.

The current trustees comprise lawyers, two consultant midwives, a consultant obstetrician, a consultant anaesthetist, an accountant, a consultant specialising in human rights and equality and a writer with a background in the Civil Service.

Profiles of the trustees are available on our website.

Trustee induction and training

The Trustees maintain a good working knowledge of charity law and best practise by attendance at charity courses run by outside providers and by information provided by the Charity Commission.

Trustees' remuneration

No Trustees received any remuneration in the year arising from services as a Trustee.

Organisation

The trustees are responsible for making decisions on the management of all the affairs of Birthrights including deciding on how the funds of the charity are to be spent. The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The full Board of trustees met four times during the year with an average level of attendance (in person or by phone) of 54%.

Related parties

Birthrights recognises the importance of working with other organisations wherever possible to further shared aims.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Number: 1151152

Trustees

Elizabeth Prochaska (Chair)
Deborah Crewe (Secretary)
Hannah Gray (Treasurer)
Kavita Chetty (until 6 July 2016)
Sarah Cooke (from 13 July 2017)
Julie Frolich
Carolyn Johnston
Shauneen Lambe
Simon Mehlgan
Helen Mountfield QC (until 15 December 2016)
Rineke Schram
Rachel Crasnow QC (from 16 January 2018)

Senior Management Personnel: Rebecca Schiller – Chief Executive Officer

Principal Office: Eagle House, 167 City Road, London EC1V 1AW

Independent Examiner: Bruce F Jones
Ramon Lee & Partners, Eagle House, 167 City Road, London EC1V 1AW

Principal Bankers: The Co-operative Bank, Olympic House, 6 Olympic Court, Montford Street, Salford M5 2QP

BIRTHRIGHTS

TRUSTEES' REPORT (Cont/d)

FOR THE YEAR ENDED 5TH APRIL 2017

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The charity trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, of the charity for that period. In preparing these financial statements, the Trustees are required to:

- (a) select suitable accounting policies and apply them consistently;
- (b) observe the methods and principles in the applicable Charities SORP;
- (c) make judgements and estimates that are reasonable and prudent;
- (d) state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements; and
- (e) prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

APPROVAL

This report was approved by the Trustees on 9th February 2018 and signed on their behalf.



Hannah Gray
Treasurer



Elizabeth Prochaska
Chair

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF BIRTHRIGHTS

I report on the accounts of Birthrights for the year ended 5th April 2017, which are set out on pages 12 to 18.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

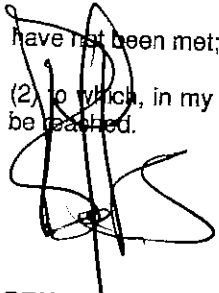
In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



BRUCE F JONES – CHARTERED ACCOUNTANT
RAMON LEE & PARTNERS
EAGLE HOUSE
167 CITY ROAD
LONDON EC1V 1AW

9TH FEBRUARY 2018

BIRTHRIGHTS
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 5TH APRIL 2017

	Notes	Unrestricted Funds £	Restricted Funds £	2017 £	2016 £
Income					
Donations and grants	2	21,385	9,000	30,365	54,627
Income from charitable activities	3	2,750	-	2,750	-
Investment income	4	14	-	14	4
Total Income		<u>24,129</u>	<u>9,000</u>	<u>33,129</u>	<u>54,631</u>
Expenditure					
Cost of raising funds	5	4,905	-	4,905	396.00
Expenditure on charitable activities	5	4,741	38,710	43,451	27,164
Total expenditure		<u>9,646</u>	<u>38,710</u>	<u>48,356</u>	<u>27,560</u>
Net Income / (expenditure) & net movements in funds		14,483	(29,710)	(15,227)	27,071
<i>Reconciliation of funds</i>					
Total funds, brought forward		7,160	29,710	36,870	9,799
Total funds, carried forward		<u>21,643</u>	<u>-</u>	<u>21,643</u>	<u>36,870</u>

CONTINUING OPERATIONS

None of its activities were acquired or discontinued in the above two financial periods.

TOTAL RECOGNISED GAINS AND LOSSES

The Trust has no recognised gains or losses in the above two financial periods other than the above.

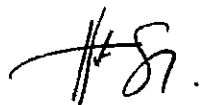
The notes on pages 14 to 18 form part of these financial statements.

BIRTHRIGHTS


BALANCE SHEET AS AT 5TH APRIL 2017

	<u>Notes</u>	2017		2016	
		£	£	£	£
Current assets					
Debtors	10	-		200	
Cash at bank and in hand		22,123		36,910	
		<u>22,123</u>		<u>37,110</u>	
Liabilities					
Creditors: Amounts falling due with in one year	11	(480)		(240)	
		<u> </u>		<u> </u>	
Net current assets			21,643		36,870
Net assets			<u>21,643</u>		<u>36,870</u>
 The funds of the charity					
Unrestricted funds	12		21,643		7,160
Restricted funds	12		-		29,710
Total charity funds			<u>21,643</u>		<u>36,870</u>

These accounts were approved and authorised for issue by the Trustees on 9th February 2018 and were signed on their behalf by:



..... Hannah Gray (Treasurer)



..... Elizabeth Prochaska (Chair)

The notes on pages 14 to 18 form part of these financial statements.

BIRTHRIGHTS
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 5TH APRIL 2017

1. ACCOUNTING POLICIES

1.1 Basis of preparation of accounts

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (as amended by Bulletin 1) Issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011. The Charity has opted to early adopt Charity SORP (FRS 102) as amended by Bulletin 1.

The trust constitutes a public benefit entity as defined by FRS 102.

1.2 Reconciliation with previous Generally Accepted Accounting Practices

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 a restatement of comparative items was needed. No restatements were required.

The opening reserves and the previous year's Net Income and Expenditure are unchanged.

1.3 Preparation of accounts on a going concern basis

The Charity's Financial Statements show loss income of £15,227 for the year and free reserves of £21,643. The trustees are of the view that these results have secured the immediate future of the Charity for the next 12 to 18 months and on this basis the Charity is a going concern.

1.4 Income recognition

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and amount can be measured reliably.

- a) Income received by way of donations and grants are included in full in the Statement of Financial Activities when received, unless they relate to a specified future period, in which case they are deferred.
- b) Donations and grants of general nature which are not conditional on delivering certain levels of service are included as part of Donations as shown under note 2. Performance related donations and grants which have conditions for a specific outcome are included as Income from Charitable Activities as shown in Note 3.
- c) Event income are recognised as earned (as the related goods and services are provided) under contract. Income received in advance for the subsequent year is recognised as deferred income until the following year.
- d) Investment income is included when receivable.

1.5 Expenditure recognition and Irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- (a) Cost of raising funds comprises the cost of raising donations and their associated support costs.
- (b) Expenditure on charitable activities include expenditure associated with the main objectives of the charity and include both the direct costs and support costs relating to these activities and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

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NOTES TO THE ACCOUNTS (Cont/d)

FOR THE YEAR ENDED 5TH APRIL 2017

1.6 Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, payroll and governance costs which support the Trust's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The basis on which support costs have been allocated are set out in note 6.

1.7 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the Trust's work or for specific projects being undertaken by the Trust.

1.8 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short term cash deposits.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Financial Instruments

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.12 Taxation

The Charity is a registered charity and, therefore, is not liable for Income Tax or Corporation Tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

1.13 Transition to FRS 102

Restatement of opening fund balances or reported net income, at the date of transition was not required. Refer to note 1.2 for further details. The transition date was 6 April 2014.

1.14 Judgement and key sources of estimation uncertainty

In the application of the company's accounting policies, the charity is required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

1.15 Cash flow statement

The Charity qualifies as a small Charity and advantage has been taken of the exemption provided by SORP (FRS 102) as amended by Bulletin 1, not to prepare a cash flow statement.

BIRTHRIGHTS

NOTES TO THE ACCOUNTS (Cont/d)

FOR THE YEAR ENDED 5TH APRIL 2017

2. DONATIONS AND GRANTS

	Unrestricted Funds £	Restricted Funds £	2017 £	2016 £
Baring Foundation	-	-	-	29,710
White Ribbon Alliance	-	-	-	300
Other donations	21,365	-	21,365	6,011
Donated services	-	9,000	9,000	18,606
	<u>21,365</u>	<u>9,000</u>	<u>30,365</u>	<u>54,627</u>

The donations and grants income in 2016 totalling £54,627 was attributed to unrestricted funds.

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	2017 £	2016 £
Conference / Study Days	2,750	2,750	-
	<u>2,750</u>	<u>2,750</u>	<u>-</u>

The income from charitable activities in 2016 totalling £nil was attributed to unrestricted funds.

4. INVESTMENT INCOME

	Unrestricted Funds £	2017 £	2016 £
Cash deposit interest	14	14	4
	<u>14</u>	<u>14</u>	<u>4</u>

The investment income in 2016 totalling £4 was attributed to unrestricted funds.

5. ANALYSIS OF EXPENDITURE

	Raising Funds £	Outreach work £	2017 £	2016 £
Staff Salaries	-	25,022	25,022	1,500
Research costs	-	-	-	2,000
Professional costs	4,500	9,000	13,500	18,606
Conference and events costs	-	1,269	1,269	-
Promotional costs (Inc. branding)	-	3,103	3,103	3,069
Travel costs	-	1,117	1,117	-
Other direct costs	-	310	310	263
Fundraising costs	405	-	405	396
Support costs (Note 6)	-	2,983	2,983	404
Governance costs (Note 6)	-	647	647	1,322
	<u>4,905</u>	<u>43,451</u>	<u>48,356</u>	<u>27,560</u>

Of the £39,356 expenditure in 2017 (2016 - £27,560), £4,905 was charged to unrestricted funds (2016 - £27,260) and £34,451 to restricted funds (2016 - £300).

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NOTES TO THE ACCOUNTS (Cont/d)

FOR THE YEAR ENDED 5TH APRIL 2017

6. ANALYSIS OF SUPPORT AND GOVERNANCE COSTS

The Charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between charity's two key activities undertaken (see note 5) in the year. All the general support and governance costs have been apportioned to the various charitable activities on the basis of a proportion of staff time, allocated to each activity.

	General support	Governance function	2017	2016
	£	£	£	£
Premises expenses	-	-	-	97
Communication costs	2,447	-	2,447	31
Professional costs	326	-	326	735
Insurance	210	-	210	-
Memberships and subscriptions	-	-	-	238
Trustees expenses	-	407	407	385
Independent Examiners fee	-	240	240	240
	<u>2,983</u>	<u>647</u>	<u>3,630</u>	<u>1,726</u>

7. ANALYSIS OF STAFF COSTS, TRUSTEES REMUNERATION AND EXPENSES, AND COST OF KEY MANAGEMENT PERSONNEL

STAFF COSTS

	2017	2016
	£	£
Salaries	-	-
National Insurance	25,022	1,500
	<u>25,022</u>	<u>1,500</u>

No employee received remuneration in excess of £60,000 during the year.

No Trustee received any remuneration during the year (2016 - £nil).

There were no transactions with Trustees in the year other than the following:

- One trustee was reimbursed £nil (2016 - £135) for payroll processing.
- Reimbursement of travel and subsistence expenses paid to two trustees £193 (2016 - £385).
- Pro bono professional services provided by trustees valued at £9,000 (2016 - £18,606).

The key management personnel of the charity comprise of the Chief Executive Officer. The total employee benefits of the key management personnel of the charity were £25,022 (2016 - £1,500).

8. STAFF NUMBERS

The total average monthly number of employees and the average number of full-time equivalent employees (including casual and part-time staff) during the year was 2 (2016 - nil).

9. NET INCOME/(EXPENDITURE) FOR THE YEAR

This is stated after charging:

	2017	2016
	£	£
Independent Examination	240	240

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NOTES TO THE ACCOUNTS (Cont/d)
FOR THE YEAR ENDED 5TH APRIL 2017

10. DEBTORS

	2017 £	2016 £
Prepayments	-	200
	-	200

11. CREDITORS: Amounts falling due within one year

	2017 £	2016 £
Accruals	480	240
	480	240

12. MOVEMENT IN FUNDS

	Balance at 06.04.2016 £	Income £	Expenditure £	Balance at 05.04.2017 £
Restricted funds:				
Donated services	-	9,000	9,000	-
Baring Foundation	29,710	-	29,710	-
	29,710	9,000	38,710	-
Unrestricted funds:				
General funds	7,160	24,129	9,646	21,643
Total funds	36,870	33,129	48,356	21,643

Description, nature and purpose of unrestricted funds:

Unrestricted general funds represent accumulated funds available for general use in furthering the Trust's objectives.

Description, nature and purpose of restricted funds:

Baring Foundation: Towards creating and evaluating Accessible Human Rights in Childbirth Education and Resources programme while growing organisational capacity.

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	2017 £
Net current assets	21,643	-	21,643
	21,643	-	21,643